WOMEN				MEN		
Name	**Time**	**Year**	**Age Group**	**Name**	**Time**	**Year**
Jackie Forster	0:45:39	2001	18-24	Shane Hyde	0:41:38	2001
Ruth Reiter	0:43:28	2005	25-29	Pieter De Hart	0:35:20	2005
Mia Costello	0:39:22	1999	30-34	Michael Sorensen	0:35:54	2000
Annie Haxby	0:40:54	2000	35-39	Dean Courtney	0:45:28	2000
Ritchie Sonner	0:41:42	2000	40-44	Rick Abbott	0:36:13	1999
Elisabeth Jones	0:45:45	2005	45-59	Rick Wery	0:43:49	1999
Susan Ellis	0:52:19	1998	50-54	David Leonard	0:42:52	2004
Susan Larned	1:01:41	1998	55-59	John Pfeifer	1:00:10	2009
			60-64	Fred Jorgensen	1:05.50.49	2002
Susan Sugai	1:18:30.10	2017	65-69	Jon Nauman	1:02:47	2007
Beverly Zaugg	1:27.39.50	1999	70-74			
			75-79			
Wilma Goldmann	1:28:03	2008	80-84			
			85-89			